



Hockey Newfoundland and Labrador

U18 Major Hockey League

CONSTITUTION

Revision 10.0





Caution

Maintaining revision control of this document can be difficult as there may be numerous copies of this version and older versions in circulation. As a result, the Branch office will maintain the official (most recent) version of the document on file at all times. Also the official (most recent) version of the document will be posted on the NLU18MHL website. The table below will track the various revisions.

Rev. No.	Date	Description	Approved by:
1.0	August 31, 2009	Original revision	
1.1	September 6, 2009	Included Host Association definition	
1.2	September 14, 2009	Edits by President Lee	
2.0	August 6, 2010	NLMMHL Meeting	NLMMHL Committee
3.0	June 9, 2011	NLMMHL Annual General Meeting	Board of Directors
4.0	June 22, 2014	NLMMHL AGM	BOD
5.0	June 28, 2015	NLMMHL AGM	BOD
6.0	June 10, 2016	NLMMHL AGM	BOD
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8.0	June 16, 2018	NLMMHL AGM	BOD
9.0	June 23, 2019	NLMMHL AGM	BOD
10.0	July 12, 2020	NLMMHL AGM	BOD



FORWARD

This Constitution has been developed to provide guidance and assistance to League Executive, team management and Hockey Newfoundland and Labrador for the successful operation of the Newfoundland and Labrador U18 Major Hockey League (NLU18MHL). Interested parties must understand that it is impossible to cover every aspect of major U18 hockey within this document. Therefore, readers should be aware that the League Executive will be responsible for dealing with unusual occurrences that are not covered in this manual in a fair and dutiful manner that upholds the principles and objectives of the NLU18MHL. This will be done in consultation with Hockey Newfoundland and Labrador and/or Hockey Canada and the decision of the League will be final.



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ARTICLES

Article 1: NAME

This League shall be known as the Newfoundland & Labrador Under 18 Major Hockey League (the “NLU18MHL” or the “League”), operating as a Minor Hockey League, provincial in scope and deriving its authority from Hockey Newfoundland & Labrador (“HNL”).

Article 2: OBJECTIVES

The objectives of the League will be:

To provide elite under 18 hockey players in the Province of Newfoundland & Labrador with the opportunity to develop to the highest skill level in the U18 division.

To provide a level of competition for players of similar skill level that respects the financial and social values of families.

To encourage U18 players to continue to play elite hockey in Newfoundland and Labrador.

To control and administer the playing of the game of hockey in accordance with the rules, regulations and etiquette of the game.

To foster and encourage good sportsmanship in players, coaches and team officials who participate in the League.

To promote players who participate in the League to other teams and leagues in an effort to further the players' hockey careers.

To recognize those players, coaches and team officials who participate in the League through annual awards.

Article 3: MISSION STATEMENT

To foster a learning environment within the Province of Newfoundland and Labrador for elite U18 age hockey players to develop the skills required to achieve their hockey goals, personal goals and educational goals.

Article 4: LEAGUE MEMBERSHIP

Membership in the League shall consist of a maximum of five franchises. More specifically franchises will be awarded to franchisees in the following geographic regions and are non-transferable.

Western - 1 franchise

8 Bletchley Crescent, Mount Pearl, NL, A1N 4V2



Central – 1 franchise
TriPen – 1 franchise
Metro – 2 franchises

Participation in the League is voluntary. Member teams accept the authority, rulings and decisions of the Board of Directors, Executive Committee, Hockey Newfoundland and Labrador and Hockey Canada upon entry into the League. Members are accountable for their conduct on and off the ice in accordance with the rules and regulations of the NLU18MHL

Article 5: GENERAL

The Constitution shall conform to the Articles, By-Laws, and Regulations of HNL, HNL Minor Council Executive Committee and Hockey Canada. In the event any section of the Constitution is in conflict with the Articles, By-Laws and Regulations of any of HNL, HNL Minor Council Executive Committee and Hockey Canada, the U18 Executive Committee is empowered to make such changes as are required so that this Constitution complies with the Articles, By-Laws and Rules of HNL, HNL Minor Council Executive Committee and Hockey Canada.

The Association shall register annually as a Corporation Without Share Capital, under Part XXI of the Corporations Act of the Province of Newfoundland & Labrador.

Article 6: BY-LAWS and RULES

The By-Laws and Rules must be followed by all persons involved in the administration, management and operation of the League, and its teams. The By-Laws and Rules may be modified and added to during the Annual General Meeting of the League as allowed for in Article 7.

Article 7: AMENDMENTS

All proposed amendments to the Constitution will require a majority vote of the Board of Directors in attendance at the Annual General Meeting where the vote is taking place. Any proposed amendment must be provided to the President at least 21 days in advance of the AGM, and copies of the amendment circulated to all Board Members within 14 days of the meeting.

Article 8: MEETINGS

The Annual General Meeting (AGM) of the League will be held in June of each year. Attendance at the AGM is mandatory. A meeting quorum will be a simple majority of the Board of Directors in attendance. Failure of a team to have representation at a scheduled AGM will result in a \$100.00 fine. Any subsequent meeting missed will result in the fine being progressively increased by \$100.00. Any member of the Board of Directors, who misses three consecutive meetings, without having an alternate



representative in attendance, will be asked to remove themselves from the Board of Directors.

Operational meetings may be called by the President, at the request of any member of the Board of Directors. With the exception of the Annual General Meeting, other meetings will be conducted through electronic media, to minimize the expense associated with travel for Board members.

Meetings of the Board of Directors will be chaired by the President, and in his/her absence the Vice President.

Article 9: AUTHORITY

The NLU18MHL derives its authority from its association with Hockey Newfoundland and Labrador and Hockey Canada. The NLU18MHL will maintain membership in good standing with Hockey Newfoundland and Labrador. All rules, regulations and policies outlined within this document are accepted as the operating principles of the NLU18MHL.

Article 10: GOVERNANCE

The league shall be administered by a Board of Directors. The Board of Directors shall consist of the President, Vice-President, Secretary-Treasurer and one representative from each operating franchise. HNL shall appoint one liaison from Minor Council and one from the Hockey Development Committee. These are non-voting positions. These individuals shall be invited to all BOD meetings.

Article 11: INDEMNIFICATION

The Newfoundland and Labrador U18 Major Hockey League will indemnify, defend and save harmless the Directors (or any one of them) against (1) any and all causes of action (threatened or commenced), (2) liability incurred by, or, (3) judgments entered against any Director, as a result of the Director acting in his/her capacity as a Director of the League, and the League shall discharge this duty to the fullest extent authorized in the League's Certificate of Incorporation, and as amended by-laws, and applicable law. Directors shall be entitled to the protection of any insurance policies the Association maintains for the benefit of its Directors and Officers against all costs, charges and expenses in connection with any action, suit or proceeding to which (s)he may be made a party by reason of his/her affiliation with the League, its subsidiaries, or affiliates.

Article 12: RULES OF ORDER

The League will take as its Rule of Order, "Robert's Rule of Order".



Article 13: FRANCHISES

The League executive committee, composed of the President, Vice-President and Secretary-Treasurer will make recommendations to Minor Council Executive Committee for the awarding of the franchises to the successful applicants. Franchises will be awarded for a three year term with mutual agreement by both parties for a fourth year. Franchise terms shall expire at the awarding of the new franchisee. The bids for franchises shall occur within 30 days of the relinquishing of a franchise or within 30 days of the last game played for an expiring franchise. Appendix C:

BY-LAWS

By-Law 1: BOARD OF DIRECTORS

The Board of Directors shall consist of:

- President
- Vice-President
- Secretary/Treasurer
- 1 Representative from the five participating teams.

Administrative support for the Board of Directors will be performed by the League Administrator who will be hired by the league to perform the day-to-day operations such as statistics, website maintenance, registration, scheduling and other duties as deemed necessary by the President. A more in-depth description of this position can be found at the end of this document, Appendix A.

By-Law 2: EXECUTIVE COMMITTEE

The Executive Committee shall consist of the President, Vice-President and Secretary-Treasurer. Each member will be voted on by the Board of Directors following a nomination process. Commencing with the 2019 – 2020 season, the President's term will be for a 2 year period; the Vice-President's term will be for a 1 year period; and the Secretary/Treasurer's term will be for a 2 year period. No executive member can have more than 3 consecutive terms.

The President's role will be to chair league meetings, provide direction for the Board of Directors and will be the official spokesperson for the League.

The Vice-President will support the President in his role by filling in whenever the President is unavailable to fulfill his duties.

The Secretary-Treasurer shall be responsible for the accounting of all League funds. S/he shall pay all accounts approved by the Executive Committee and shall keep record of all receipts and disbursements of League funds. The Secretary-Treasurer shall be responsible for the preparation of the annual budget and shall advise the League on all



financial matters. The Secretary-Treasurer shall present a financial report at the Annual General Meeting.

One member of the Executive will attend the Monctonian Challenge, the IceJam Tournament and the Atlantics in their entirety for the purpose of promoting players who play in the NLU18MHL to scouts attending these events.

By-Law 3: DISCIPLINE and PROTEST COMMITTEES

The League will convene a three person Discipline Committee and Protest Committee when required, under the direction of the Vice-President. The members of these Committees will be selected for their hockey knowledge, familiarity with the League, and experience with minor hockey.

Other members of the Board of Directors and members of team management are prohibited from serving on either of these Committees. The exception being, if the Vice-President is believed to be in a conflict of interest, the Board of Directors will select another member from within their ranks to act as chairperson of the Committee in place of the Vice-President.

When needed, Committees will make recommendations to the President. The President will be responsible for imposing disciplinary action upon a player, parent, members of team management, or any other person referred to the Discipline Committee for consideration. The President will also rule on a recommendation by the Protest Committee.

By-Law 4: VOTING

All members of the Board of Directors will have one vote for all matters under consideration at meetings. When a vote is called, all members of the Board of Directors are required to vote, with the exception of the President. There will be no abstentions. In the event of a tie, the President will cast a final deciding vote.

<u>POSITION</u>	<u>EXECUTIVE COMMITTEE</u>	<u>BOARD of DIRECTORS</u>
PRESIDENT	X	X
VICE-PRESIDENT	X	X
SECRETARY/TREASURER	X	X
TEAM GOVERNOR		X



By-Law 5: LEAGUE FORMAT

The League will operate with a maximum of five teams. More specifically:

Metro Region – 2 teams
Tri-Pen Region – 1 team
Central Region – 1 team
Western Region – 1 team

The Board of Directors is entrusted with the responsibility to ensure the calibre of the League meets the status of Major U18.

By-Law 6: PLAYOFFS

There will be playoffs at the end of the regular season to declare a League champion. The League champion will represent the Branch in the Atlantic play downs which is used to select a representative from Atlantic Canada to compete at the National Telus Cup Championship.

By-Law 7: SCHEDULE

Each team will play a balanced schedule of a minimum of 32 games. Allowances will be provided in the schedule to allow teams to participate in the various major U18 tournaments.

By-Law 8: AFFILIATIONS

League teams will affiliate with minor U18 players in the 5 Regions under the affiliation rules of Hockey Canada.

By-Law 9: GENERAL

Unless the context otherwise requires, words importing the singular include the plural and vice versa. Words importing gender shall include both genders.

League Rules and Regulations

The following rules and regulations are in place to ensure the orderly day-to-day operation of the league with specific consideration given to the safety and well being of all participants. Failure to comply with any rule or regulation may result in a minimum fine of \$100 unless otherwise noted. Players, parents, team management and coaches should be familiar with the League's operating rules and regulations.

Rule 1: AMENDMENTS TO THE RULES AND REGULATIONS

All proposed amendments to the Constitution will require a majority vote by members of the Board of Directors who are in attendance at the AGM. Any proposed amendment



must be provided to the President at least 21 days in advance of the AGM, and copies of the amendment circulated to all Board Members within 14 days of the meeting.

Rule 2: COACHING CERTIFICATION

To maintain a high level of competition conforming to elite athletes competing at a high standard of play, the League requires the following certification:

- **Head Coach** – **High Performance 1 Certification** and Speak-out Program or Respect in Sport Program
- **Assistant Coaches** – **Development 1 Certification** and Speak-out Program or Respect in Sport Program
- **Trainers** - Speak-out Program or Respect in Sport Program and Hockey Canada Safety Program
- **Team Managers and Equipment Managers** - Speak-out Program or Respect in Sport Program

Each volunteer requires screening by Hockey NL as per HNL policy.

Coaches and Assistant Coaches and any other team member required to participate in on-ice activities **MUST** wear a certified hockey helmet. Failure to do so will result in a one game suspension in addition to the \$100.00 fine.

Rule 3: LEAGUE PLAY

Teams will play a balanced 32 game schedule. Teams will be required to roster a minimum of 15 skaters and 1 goaltender prior to the opening of the season.

All League games will be comprised of three (3) twenty-minute periods, stop time. However, if in the discretion of the League Executive, justifiable circumstances did not permit this regulation to be complied with, the League Executive may confirm that such game was played in accordance with this regulation. The maximum warm-up time for all regular season and playoff games shall be 10 minutes. Teams are permitted one 30 second time-out per game.

If a game is tied at the end of regulation time, there will be a 2 minute rest period followed by a five minute sudden-victory overtime period. Teams will play 4 against 4 during this overtime. If the teams are still tied after overtime, the winner will be decided by a shoot-out. Teams will name 5 different players for the shoot-out and the home team has the option of shooting first or second. If the score is still tied after the shoot-out, teams will alternate shooters until a winner is decided. 2 Points will be awarded for a Regulation Win (RW), an Overtime Win (OTW) or a Shoot-Out Win (SOW), 1 Point will be awarded for an Overtime Loss (OTL) or a Shoot-Out Loss (SOL). Players serving a penalty at the end of regulation or overtime are not permitted to participate in the shoot-out.



Playoffs, as described in Rule 12, will follow the regular season.

Rule 4: TIE BREAKING PROCEDURE

In the event of a tie in points between 2 or more teams at the end of the regular season, the following tie-breaking procedure will be endorsed.

1. The team with the most wins gains the higher position.
2. If teams are tied in wins, the team with the best record between the tied teams gains the higher position.
3. If teams are still tied after Procedure 2, the team with the highest goal differential in all games during the regular season gains the higher position. Goals For divided by Goals For plus Goals Against. 5 G For and 10 G Against would be $5/15 = .333$. The higher percentage gains the higher position.
4. If teams are still tied after Procedure 3, the team with the least number of penalty minutes in all games during the regular season gains the higher position.
5. If teams are still tied after Procedure 4, the team that scored the first goal in the first game between the tied teams gains the higher position.
6. If teams are still tied after Procedure 5, a single game will be played to determine which team gains the higher position.

Rule 5: PLAYER ELIGIBILITY

Players must be under 18 years of age prior to December 31st who are residentially eligible to register and play minor hockey in Newfoundland and Labrador and who are in good standing with their minor hockey association. U15 aged players applying for Exceptional Status to be eligible to try-out for a U18 team **MUST** follow the rules of the High Performance Program to be deemed eligible.

Rule 6: RESIDENCY RULE

No player shall be registered as a member of, or compete for, a team if his parents have not been bona fide residents of the city, town, or rural area or zone which has been established by the Branch to which the team belongs. However, a player may be permitted to register as a member of, or compete for, a team from outside his parent's place of residence if the player is granted permission from the team in the region in which his parents reside, to try-out for another team. Proof of residency will be determined by the League Executive in consultation with Hockey Newfoundland and Labrador. (See Metro Region exception in Rule 7)

Rule 7: TRYOUTS

Players must try out with the team in the region in which they reside.

The **Metro Region** consists of players from the following minor hockey associations; Avalon Celtics MHA, Bell Island MHA, Conception Bay Regional MHA, Goulds MHA,



Mount Pearl MHA, Northeast MHA, Paradise MHA, St. John's MHA and Southern Shore MHA.

The **TriPen Region** includes players from the following minor hockey associations; Bay Arena MHA, Bonavista Trinity MHA, Cee Bees MHA, Clarenville MHA, Marystown MHA, Placentia MHA, Trinity Placentia MHA, United Towns MHA

The **Central Region** includes players from the following minor hockey associations; Baie Verte MHA, Bay D'Espoir MHA, Beothic MHA, Bishop's Falls MHA, Botwood MHA, Exploits Valley MHA, Fogo Island/Change Islands MHA, Gander MHA, Glovertown MHA, Green Bay South MHA, Harbour Breton MHA, La Scie MHA, Lewisporte MHA, Springdale MHA, Twillingate/New World Island MHA,

The **Western Region** includes players from the following minor hockey associations; Corner Brook MHA, Deer Lake MHA, Gros Morne MHA, Port aux Basques MHA, St. Anthony MHA, Stephenville MHA, Straits MHA, Twin Town MHA,

Teams will call open tryouts for all U18 aged players from the minor hockey associations in their region. Try-outs for all teams shall not commence prior to August 1st.

In the Metro region, players can only try-out for the team that drafted the player. Once drafted, the player remains the property of that team until the League is notified in writing that the player is released. If released, the player may try-out for the other Metro team as a free agent and does not need to re-enter the draft. With two teams in the Metro region, no player from the Metro region is permitted to try-out for a team in another region unless they have gone undrafted or drafted and released by the Metro Region teams, which allows the player(s) to try out for other teams in the League. Metro teams can draft a maximum of 25 U18 players each.

Each team must advertise their try-outs through the local media, including newspapers, radio and websites. All minor hockey associations in the team's zone will be requested to advertise the try-out camp on their website, along with the HNL website and League website.

Each player attending a tryout camp must complete a Try-out Registration Form. Each team will forward copies of the player Try-out Registration Form to the League Administrator prior to the start of the Tryout Camp. Try-out Registration information will then be forwarded to the Branch office.

Any player deemed eligible under Hockey Canada Rules and Regulations shall be eligible to compete during regular season and playoff competition. A player becomes



ineligible to compete in regular season and playoff competition if he is registered at a private educational institution (prep school) outside the province.

Teams are encouraged to hold Spring Identification Camps at the end of each season. These camps must not start prior to 14 days after the conclusion of the U15 season and cannot be scheduled that will cause a conflict with the High Performance Program identification camps or provincial camps.

All teams are required to start the season with a minimum of 16 rostered players consisting of 15 skaters and 1 goalie. The FINAL roster must be confirmed with the Administrator prior to the January 10th deadline.

First time rostered players in the League are required to complete a Hockey Newfoundland and Labrador Letter of Consent form signed by the President or Vice-President of their minor hockey association or league to ensure that they are in good standing with their minor hockey association or league which allows them to participate in the NLU18MHL. This is only required for entry into the League and isn't necessary on a yearly basis.

Affiliated Players (AP) in the League are required to complete a Hockey Newfoundland and Labrador Application for Special Affiliation form signed by the President or Vice-President of their minor hockey association or League to ensure that they are in good standing with their minor hockey association or League which allows them to participate in the NLU18MHL. This is required yearly for affiliated players. Teams can use affiliated players up to the maximum roster size as indicated by Hockey Canada.

Players may try-out for one more team outside their assigned zone under the following conditions:

- If a player tries out for the team in the zone in which he resides and is subsequently cut.
- In the event a player is not able to tryout for the team in the zone in which he resides because he is in the process of trying out for a Major Junior, Junior A or for some other mitigating circumstance. In this situation, the player shall report to the team in the zone in which he resides, and if not added to the team roster may try out for one other team.

A copy of any written approval given to a player to try out for another team shall, in a timely manner, be forwarded to the President of the League. If a player is listed as an Affiliated Player with the team in the zone in which he resides, that player will be ineligible to tryout for another team.



Any player refused a release from their minor hockey association may appeal to the League Executive Committee. If no resolution can be found, the player can appeal to the Registration Committee of HNL to be granted such release. When a ruling in this case is not accepted, the next step is to submit an appeal directly to the Appeals Committee as described in HNL Regulation C-05-08.

In the event there is no team in a zone, players wishing to play U18 in another zone must apply to the League for consideration to play elsewhere.

Rule 8: FRANCHISES

Franchises are not transferable and re-entry into the League by another team from the same region will still carry the \$5,000 franchise performance deposit.

Each franchisee will notify the League within 30 days after their final season game to indicate their plans for the following season. In the event that a franchise ceases operations, all player/parent contact information must be turned over to the League to be forwarded to the new franchise owner.

The League Executive and Hockey Newfoundland and Labrador retain the right to award franchises based on the merits of the submitted bids.

For a full description of the bid requirements, please refer to Appendix D.

Rule 9: GAME SHEETS

Each team will identify a representative who will be responsible for submitting gamesheets to the League Administrator. Within 24 hours of the completion of the game, the home team is responsible for sending a copy of the official game sheet to the League Administrator. The official game sheet can be sent by facsimile transmission or scanned and sent electronically as a PDF file (preferred format).

- Any affiliated player listed on the gamesheet MUST have (AP) noted by their name.
- If an affiliated goalie is listed on the gamesheet, but does not play, it must be noted on the gamesheet so that it doesn't count towards the AP 10 game rule. Insert DNP (Did Not Play) next to the goalie's name.
- The starting goaltender must be noted and any change to the goaltenders' playing time must be noted.
- Shots on Goal must be noted.
- Players must be listed numerically.
- If stickers are used, they must be placed on all 3 copies and any change to the roster must be changed on all 3 copies.



Teams will use the standard NLU18MHL gamesheet. The gamesheet will have 3 copies; one copy for each team and one copy for the officials. All teams will be required to participate in a pre-season conference call to ensure that the gamesheets are completed in accordance with the data entry functions of the web page. Once a game sheet has been entered into the website, changes will not be made to player statistics.

Rule 10: GAME PROTOCOL

Each team is responsible for their conduct during warm-ups and after game completion. The following rules must be adhered to in preparation for games:

- Teams will ensure that the dressing rooms are left in a clean condition such that there will be no delay imposed on the next incoming team.
- The ice surface must be flooded between periods with a maximum of 15 minutes allotted for the intermission.
- There will be a 10 minute warm-up period prior to the commencement of the game.
- It is not necessary to re-surface the ice prior to the warm-up. At the conclusion of the warm-up, teams will return to their dressing rooms to allow for ice re-surfacing prior to the start of the game.
- Players and coaches will shake hands at the end of the game. Failure to do so will result in a financial penalty as indicated under the League's rule section.

The Home Team is responsible for:

- Supplying two baskets of pucks with 25 pucks per basket and collecting ALL pucks after warm up.
- Ensuring that there are sufficient game pucks provided for game play.
- Providing dressing rooms that ensure there is adequate separation between teams before, during and after the game.
- Providing separate shower facilities for each team.
- The playing of the National Anthem.
- Providing on-ice and off-ice officials
- Informing the visiting team on Wednesday of each week with the game time protocol.

There will be an admission fee of \$5 per game for spectators over the age of 10.

Rule 11: TEAM ROSTERS

Participating member teams must, during all scheduled games of the League, dress a minimum of twelve (12) players including a goaltender. If a team does not have a backup goaltender, a designated player shall be identified to be the backup goaltender if necessary. Each participating member team shall be allowed to dress the maximum number of twenty (20) players including 2 goaltenders.



Any team who plays an ineligible player shall automatically be deemed to have lost the game or games in which any ineligible player(s) has participated, the points will be awarded to the other team and the player statistics from the ineligible player will be voided. Any coach who plays an ineligible player will be suspended 1 game for each game the illegible player(s) participates and will be fined \$200 per game. A request for a ruling on the eligibility of a player is not considered a protest. Team officials are responsible to ensure that without further notice from anyone, players or team officials serve the suspension as per the Minimum Suspensions. The Suspension Tracker, as generated by the league Administrator, is meant as a guide only and it is the sole responsibility of the team to ensure its accuracy.

All team rosters including player registration information, transfer information and releases shall be sent to the teams by no later than each Thursday at noon for weekend games.

Teams can affiliate players according to the Hockey Canada regulations. Copies of the approved affiliated players list shall be forwarded to the League President not later than January 10th of each season.

Teams are permitted to sign affiliated players from other regions only if the regional team gives its consent to the League through email. This consent will be for the current season only.

Appearance of a registered player's name on the official game report of a game shall be considered participation in a game except in the case of an alternate goaltender, in which case actual participation shall only be considered as taking part in a game, and such participation shall be specially noted on the official game report. Hockey Canada affiliation regulation 36 (B) (number of games a player may play).

A Player may not be released after January 10th to make room for registering another player, and a player released after January 10th may not register with another team for that season. The two Metro teams will implement a draft system to allocate players between the two teams. If a player is drafted to a team, the player remains the property of that team until released.

Rule 12: PLAYOFFS

League standings shall be determined by an accumulation of points; 2 Points will be awarded for a Regulation Win (RW), an Overtime Win (OTW) or a Shoot-Out Win (SOW), 1 Point will be awarded for an Overtime Loss (OTL) or a Shoot-Out Loss (SOL).

A playoff series to select the League champion will commence at the conclusion of the regular season. The fourth place team will host the fifth place team in a best of 3



elimination round to determine fourth place. The top four teams will compete in the play-offs with 1st place playing 4th place and 2nd place playing 3rd place. For economic purposes and in consideration of travel, the play-off format will be a 2-3-2 format where overnight travel is required. Games 1, 2, 6 and 7 will be the home games of the higher seeded team; games 3, 4 and 5 will be the home games of the lower seeded team. Where overnight travel is not required, the format may switch to a 2-2-1-1-1 format where games 1, 2, 5 and 7 will be the home games of the higher seeded team and games 3, 4 and 6 will be the home games of the lower seeded team. This decision will be made by the higher seeded team and will only apply to the teams from the Metro Region.

Play-off games will consist of 3 X 20 minutes stop time. One 30 second Time-Out will be permitted per game. If the game is tied after regulation, there will be a 2 minute rest period followed by a 10 minute sudden victory overtime period. If the score is still tied after 10 minutes of overtime, the ice will be resurfaced, and the next overtime period will be 20 minutes. This format will continue until a winner is determined.

Rule 13: SCHEDULE

The role of the League Scheduler will be the duty of the League Administrator. Each participating member team shall adhere to all requirements of the League Scheduling Policy. The League Schedule shall, in all cases, be subject to ratification by the Board of Directors by July 1 by a simple majority vote. Games will be scheduled as to minimize absences from school and to minimize travel and accommodations costs.

All postponed games in the regular season league schedule must be rescheduled. The game will be rescheduled the next weekend the two teams are playing each other. In the event that the teams are not scheduled to play against each other prior to the end of the regular season, the League Executive will decide on the date for the game to be rescheduled.

- a) Member Teams must declare an arena as their "Home Rink". Other rinks may be named as alternate rinks. However, playing at alternate rinks must not cause a financial burden to the visiting team. If there is an added cost for the visiting team to play at an alternate rink, the cost will be borne by the home team.
- b) Member Teams must play the majority of their home games against each team in their home rink. Agreement from the visiting team is required before a game is moved from the home rink. If the visiting team refuses to give permission to relocate a game at the request of the home team, the President will have the final decision on the relocation of the game. Teams must be reasonable when requesting and accepting a request to relocate a League game as there may be times that the relocation of a League game is unavoidable.



- c) Member Teams must provide a list of home dates, venues and starting times to the Administrator.
- d) Minor changes to the start time of a game agreed upon by the affected teams must be communicated to the Administrator for approval.
- e) A schedule date change agreed upon between two teams must be approved by the Administrator. The President shall determine whether the request is appropriate as well as responsibility for any extraordinary expenses that may be charged as a result of the change.
- f) Member teams should make the greatest effort to submit "Schedule Change Requests" as soon as possible.
- g) Member teams are responsible to notify all interested parties of any approved schedule change including game officials.
- h) All League games scheduled on Friday and Saturday nights must be started by 8:00 pm and Sunday games must be started by 10:00 am unless there is agreement from both teams to change.

Rule 14: OFFICIALS

All League games shall be handled by a two-man referee system. Referees must have Level Four (4) or higher, be registered and in good standing with the governing body or affiliated branches of HC. Linesmen must have Level Three (3) or higher.

Rule 15: FINANCES

The management of League finances is the responsibility of the Secretary Treasurer who will present a Budget and Financial Update to the Board of Directors for approval at the AGM. The League's fiscal year shall be June 1 – May 31.

All Franchise managers are required to submit a budget to the Secretary/ Treasurer no later than two weeks after the START of regular season. Year-end Financial reports are due to the Secretary/Treasurer 30 days post the team's year end.

Signing Authority for League accounts will be the President, Vice-President, Secretary-Treasurer and Administrator. The President will approve all expenditures by virtue of first signature; the Vice-President or Secretary-Treasurer will co-sign as second signature. If the President is unable to sign as first signature, the Secretary-Treasurer will sign as first signature and the Vice-President will co-sign as second signature. The Administrator may sign as second signature. Two signatures are required on all cheques.



Reimbursement of expenses incurred while conducting official League business will be covered using the NLU18MHL Expense Claim Form. Cash expenses will be reimbursed upon submission of receipts; per diem expenses for meals and mileage will be reimbursed based on League rates. These rates will be reviewed annually by the Secretary-Treasurer.

Rule 16: ANNUAL FEES

The League will establish an annual fee to be paid by the member teams to be included in the annual budget. The annual fee will be used to establish and maintain approved league administrative costs. Annual fees are to be paid in full by November 15. Teams withholding payment of their annual fees will be prohibited from participating in League games.

Rule 17: TEAM MANAGEMENT

Team management will consist of a Head Coach, 2 Assistant Coaches, Trainer and a Team Manager. All teams must have a certified Hockey Canada Safety Person (“HCSP”) on the bench for all games. All team management must have completed Speak-Out or Respect in Sport programs and must meet minimum coaching levels for Major U18 Hockey as per HNL and Hockey Canada requirements. The Administrator will register the team management using the Hockey Canada on-line database. Changes to team management will be communicated to the Administrator immediately.

Rule 18: SUSPENSIONS

The League employs the HNL Suspension Guidelines as a basis for suspensions. The Executive Committee reserves the right to increase the duration of HNL suspensions where the situation warrants this action. A copy of the Minimum Suspensions Guidelines can be found on the League website.

All suspensions received in the League MUST be served in League play. Players receiving a Gross Misconduct, a Match Penalty or a Fighting Major while playing elsewhere, cannot resume play in the NLU18MHL until the Gross Misconduct, Match Penalty or Fighting Major suspensions are served in the League/Association where it was received.

Players are permitted to practice with their team while serving their game suspensions.

A coach suspended by Hockey NL will not be permitted to direct the team during a game for the duration of the suspension. A suspended manager, coach, playing coach, or trainer, must not be in, or about the dressing room, before or during any game, nor between periods of any game during his suspension, nor be situated in the arena in a position to direct his team. The penalty for violation of this rule shall be dealt with by the President of Hockey NL. A playing coach, suspended for any action loses his rights as a player and as a coach. Regulation 308 HNL.



Rule 19: PROTESTS

Protests of games may be made only in regard to the interpretation of the rules of competition, and not in regard to the judgment of a referee or other official. Protests must be in writing and submitted to the President within 24 hours of the initial interpretation of the rule and must be accompanied by a non-refundable \$100 fee.

The President will refer all protests to the Protest Committee who will make recommendation on the disposition of the protest to the Board of Directors. Protests will be dealt with as expeditiously as possible. A maximum of 7 days should be allowed to respond to a protest.

At the June 2017 AGM the BOD agreed in principle to video review in restricted circumstances. This is in no way meant to undermine the authority of the on-ice officials but to complement their judgement in the case of major injury, wrong player identification for suspension, etc. The Disciplinary Committee has been tasked with creating a NLU18M

HL Video Review Policy to present to the Board of Directors. As soon as approved, this will be added to the constitution as an appendix.

Rule 20: APPEALS

Appeals of a decision made by the Protest Committee or the Discipline Committee may be made to the HNL Appeals Committee as per the HNL Constitution Regulation 6. All appeals to the HNL Appeals Committee must be made in writing within 14 days of the protest ruling and this appeal must be accompanied with a \$200.00 appeal fee made payable to Hockey Newfoundland and Labrador; \$100.00 will be refundable if the appeal is successful. The decision of the HNL Appeals Committee is the final step in the Branch appeals procedure and any further appeal where applicable, must be made to Hockey Canada within seven (7) days.

Rule 21: SANCTIONING EXHIBITION GAMES AND TOURNAMENTS

Teams planning to host exhibition games or tournaments with teams from outside of the League must request permission from the HNL Area Director.

Rule 22: LEAGUE AWARDS

The League will recognize players, coaches and volunteers with annual awards. The list of annual awards is included in the Awards section of this document. Starting with the 2015/2016 season, the League will donate a Play-off MVP Award. Appendix B:

Team managers will submit their nominations for the voting awards at the end of the regular season. Once all of the teams have finished their submissions, the nominees will be returned to the managers for voting. Each first place vote will receive 5 points, each second place vote will receive 4 points, each third place vote will receive 3 points,



each fourth place vote will receive 2 points and each fifth place vote will receive 1 point. Points will be tabulated to declare a winner. If there is a tie in points, the nominee with the most first place votes will be declared the winner. If still tied, the nominee with the most second place votes will be declared the winner. If still tied, the nominees will co-share the award.

The League will be responsible for the purchasing and engraving of the player trophies and for the engraving of the perpetual trophies. It will be the responsibility of the League champion to engrave the Air Canada Cup.

Rule 23: STATISTICS

It is the responsibility of each team to ensure that gamesheets are entered into the League website within 24 hours after the completion of each game. This will allow for the timely updates of the league website.

Rule 24: GAME FORFEIT

In the event that a Visiting team has to forfeit a game, there will be a \$1,000 penalty imposed on the Visiting team which will be payable to the Home team to cover game expenses. In the event that a Home team forfeits a game, the team will be required to cover the expenses incurred by the Visiting team.

If a team forfeits a second game, the team will be considered not in good standing with the League and will be suspended for the rest of the season and the franchise will be considered to have folded.

RULE 25: FUND RAISING

When applying for a lottery license from the Lottery Licensing Board, the following procedure must be followed. Each team will submit their completed lottery license application to the League Administrator for League approval by second signature. The lottery application will then be returned to the team manager for submission to Service NL.



NOTWITHSTANDING CLAUSE

In the event a situation arises that is not covered within this document, the League will defer its decision on any matter until it is confirmed that such decision does not contravene the Constitution of Hockey Newfoundland and Labrador or the Articles, By-Laws, and Regulations of Hockey Canada. Otherwise the League Executive is empowered to make any decision in a fair and dutiful manner that upholds the principles and objectives of the NLU18MHL. This will be done in consultation with Hockey Newfoundland and Labrador and/or Hockey Canada and the decision of the League Executive will be final.



APPENDIX A

DUTIES OF THE LEAGUE ADMINISTRATOR

GENERAL

The Administrator will be responsible for the day to day operation of the League. The Administrator will answer to the President and will work closely with the Executive Committee. The Administrator will act as the liaison between the Executive Committee and team management.

APPOINTMENT

The administrator will be hired on an annual basis. The Executive Committee may use any method it wishes to identify candidates for the position of Administrator.

DUTIES AND RESPONSIBILITIES

The duties and responsibilities of the Administrator include:

- Calling meetings on behalf of the President or Executive Committee as required
- Managing the web site
- Creating the League Schedule
- Conduct the day to day business of the League (pay bills, purchasing, etc)
- Establish process for selecting award winners
- Organize banquet and awards
- Support the President
- Register players and coaching staff with Hockey Canada using the on-line registration system
- Keep an accurate record of penalties that carry suspensions using the Suspension Tracker.
- Keep an accurate record of team fundraising requests and subsequent financial reports to Service NL.
- Register the NLU18MAAAHL as a member with HNL on an annual basis.
- Other duties as assigned

AUTHORITY

The Administrator has the authority to act on behalf of the Executive Committee in the following matters;

- Payment of bills
- Purchasing of items in the approved budget
- Notify players of suspensions
- Negotiate changes to the League schedule



APPENDIX B

Annual Awards

League Champions - Air Canada Cup

2019/2020	No Championship decided due to COVID19
2018/2019	Dennis GM Western Kings
2017/2018	St. John's Maple Leafs
2016/2017	St. John's Maple Leafs
2015/2016	St. John's Maple Leafs
2014/2015	St. John's Maple Leafs
2013/2014	Central IcePak
2012/2013	Coleman's Western Kings
2011/2012	Pennecon Privateers
2010/2011	Pennecon Privateers
2009/2010	St. John's Fog Devils
2008/2009	St. John's Fog Devils
2007/2008	St. John's Fog Devils
2006/2007	St. John's Fog Devils
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1994/1995	
1993/1994	

Most Gentlemanly and Effective Player - Bob Lee Memorial Trophy

2019/2020	Ryan Hoskins – Central Impact
2018/2019	Nathan Kelly – East Coast Blizzard
2017/2018	Regan Seymour – St. John's Maple Leafs
2016/2017	Brent Broaders – Central IcePak



2015/2016	Adam Nolan – St. John’s Global Warranty Privateers
2014/2015	Cassidy Warren – TriPen Osprey
2013/2014	Jordan Richards – Western Coleman Kings
2012/2013	Ian Skinner – Western Coleman Kings
2011/2012	Chris Mallard - St. John’s Maple Leafs
2010/2011	Matthew Kennedy – St. John’s Maple Leafs
2009/2010	Marcus Power – St. John’s Fog Devils
2008/2009	Zach O’Brien – St. John’s Fog Devils
2007/2008	Julien Payne – Western Subway Kings
2006/2007	Brandon Snow – Central IcePak
2005/2006	Adam Park – Western Kings
2004/2005	Jon Reid – St. John’s Maple Leafs
2003/2004	
2002/2003	Ted Purcell – St. John’s Maple Leafs
2001/2002	Jeff Harding – Western Kings
2000/2001	David Vickers – Northern Huskies
1999/2000	Brent Roach – St. John’s Maple Leafs
1998/1999	Wayne Walsh – Northern Huskies
1997/1998	Jamie Welsh – TriPen Osprey
1996/1997	Tony Helles – St. John’s Maple Leafs

Rookie of the Year - Northern Huskies Award

2019/2020	Christian Reardon – TriPen Osprey
2018/2019	Conor Shortall – East Coast Blizzard
2017/2018	Skyler Coates – Dennis GM Western Kings
2016/2017	Brendan McCarthy – East Coast Blizzard
2015/2016	Jack Keough – St. John’s Global Warranty Privateers
2014/2015	Joel Bishop – St. John’s Privateers
2013/2014	Adam Dawe – Central IcePak
2012/2013	Jordan King – Western Coleman Kings
2011/2012	Kyle Tibbo – St. John’s Maple Leafs
2010/2011	Matt Jenkins – St. John’s Privateers
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1999/2000
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1996/1997
1995/1996

Top Scorer Regular Season - Bud Chafe Trophy

2019/2020 Tanner Humber-Dredge – St. John's Pinnacle Growlers
2018/2019 Luke Akerman – TriPen Osprey
2017/2018 Andrew Antle – Dennis GM Western Kings
2016/2017 Jack Keough – East Coast Blizzard
2015/2016 Kyle McGrath – St. John's Maple Leafs
2014/2015 Conal McNamara – TriPen Osprey
2013/2014 Jordan Maher – Central IcePak
2012/2013 Ian Skinner – Western Coleman's Kings
2011/2012 Brandon Pye – St. John's Maple Leafs
2010/2011 Danny Wicks – St. John's Pennecon Privateers
2009/2010 Zack O'Brien – St. John's Fog Devils
2008/2009 Zack O'Brien – St. John's Fog Devils
2007/2008 Zack O'Brien – St. John's Fog Devils
2006/2007 Chris Thorne – St. John's Maple Leafs
2005/2006 Luke Adam – St. John's Maple Leafs
2004/2005 Chad Locke – St. John's Maple Leafs
2003/2004
2002/2003 Sean Wadden – St. John's Maple Leafs and Andrew Sweetland – TriPen
2001/2002 Doug Hardiman
2000/2001 Lucas Eveleigh
1999/2000 Derrick Kent – St. John's Maple Leafs
1998/1999 Jason King – Western Kings
1997/1998 Pat Yetman – St. John's Maple Leafs
1996/1997 Paul Whalen
1995/1996 Ryan Walsh

Top Goalie Regular Season - John Halliburton Memorial Trophy

2019/2020 Riley Mercer – TriPen Osprey
2018/2019 Andrew d'Entremont – East Coast Blizzard
2017/2018 Riley Petten – TriPen Osprey
2016/2017 Josh Langmead – St. John's Maple Leafs
2015/2016 MacKenzie Janes – St. John's Maple Leafs
2014/2015 Luke House – Western Kings
2013/2014 Noah Weir – Central IcePak
2012/2013 Chris Smith – St. John's Privateers
2011/2012 Matt Jenkins – St. John's Privateers



2010/2011 Matt Jenkins/Scott Walsh – St. John's Privateers
2009/2010 Scott Bray – St. John's Privateers
2008/2009 Scott Bray – St. John's Fog Devils
2007/2008 Scott Bray – St. John's Fog Devils
2006/2007 Kyle Downer – St. John's Maple Leafs
2005/2006 Kyle Downer – St. John's Maple Leafs and Stefan Dumaresque – Northern Huskies
2004/2005 Mark Yetman – St. John's Maple Leafs
2003/2004 Roger Kennedy – St. John's Maple Leafs
2002/2003 Doug Jewer and Devin O'Brien – St. John's Maple Leafs
2001/2002 Ryan Mior – St. John's Maple Leafs
2000/2001 Jim Babij – St. John's Maple Leafs
1999/2000 Jimmy Healey – St. John's Maple Leafs
1998/1999 Neil Keating – TriPen Osprey
1997/1998 Graham Cook – St. John's Maple Leafs
1996/1997 Chris Dawe
1995/1996 David Prince

Top Defenseman Regular Season - Sportscraft Trophy

2019/2020 Nathan Flynn – St. John's Pinnacle Growlers
2018/2019 Paul Norman – St. John's Maple Leafs
2017/2018 Kyle Robinson – Dennis GM Western Kings
2016/2017 Devan Newhook – East Coast Blizzard
2015/2016 Alex Saunders – Central IcePak
2014/2015 Jamie Penney – Dennis GM Western Kings
2013/2014 Josh Fitzgerald – Central IcePak
2012/2013 Chad Jones – Western Kings
2011/2012 Nick Lindstrom – St. John's Privateers
2010/2011 Andrew Smith – TriPen Lions
2009/2010 Andrew Smith – TriPen Frost
2008/2009 Zack Lodge – Central IcePak
2007/2008 Ryan Matheson – Central IcePak
2006/2007 Donnie Churchill – Western Kings
2005/2006 Stephan Simms – Western Kings
2004/2005 Andrew Shears – Western Kings
2003/2004 Jeremy Kavanagh – St. John's Maple Leafs
2002/2003 Mike Stevens – St. John's Maple Leafs
2001/2002 Adam Pardy – TriPen Frost
2000/2001 Sam Roberts – St. John's Maple Leafs
1999/2000 John Ball – St. John's Maple Leafs
1998/1999 Ryan Durnford – Western Kings
1997/1998 David Bambrick – St. John's Maple Leafs
1996/1997 Robbie Bennett – St. John's Maple Leafs



1995/1996 Chris Sweet – TriPen Osprey

Most Valuable Player Regular Season - Western Subways Trophy

2019/2020 Tanner Humber-Dredge – St. John's Pinnacle Growlers
2018/2019 Luke Akerman – TriPen Osprey
2017/2018 Andrew Antle – Dennis GM Western Kings
2016/2017 Liam Leonard – TriPen Osprey
2015/2016 Jalen Gillard – Dennis GM Western Kings
2014/2015 Conal McNamara – TriPen Osprey
2013/2014 Jordan Maher – Central IcePak
2012/2013 Cody Drover – Central IcePak
2011/2012 Cody Drover – Central IcePak
2010/2011 Marcus Power – St. John's Privateers
2009/2010 Zack O'Brien – St. John's Fog Devils and Kevin Reid – TriPen Frost
2008/2009 Darren Wilkins – Central IcePak
2007/2008 Brandon Hynes – Western Subway Kings
2006/2007 Michael Hynes – Western Subway Kings
2005/2006 Andrew Reid – Western Subway Kings
2004/2005 Chad Locke – St. John's Maple Leafs
2003/2004
2002/2003 Scott Brophy – St. John's Maple Leafs
2001/2002 Darren Dean – Western Subway Kings
2000/2001 Simon Lamontage – Northern Huskies
1999/2000 Steve Richards – St. John's Maple Leafs
1998/1999 Jason King – Western Subway Kings
1997/1998 Denis White – St. John's Maple Leafs
1996/1997 Paul Whalen – Central IcePak
1995/1996 Ryan Walsh – St. John's Maple Leafs

Best Goals Against Average

2019/2020 Evan Martin – St. John's Pinnacle Growlers
2018/2019 Andrew d'Entremont – East Coast Blizzard
2017/2018 Lucas Park – Dennis GM Western Kings
2016/2017 Josh Langmead – St. John's Maple Leafs
2015/2016 MacKenzie Janes – St. John's Maple Leafs
2014/2015 Luke House – Dennis GM Western Kings
2013/2014 Noah Weir – Central IcePak
2012/2013 Chris Smith – St. John's Pennecon Privateers

Coach of the Year

2019/2020 Trevor Budgell – St. John's Pinnacle Growlers
2018/2019 Brad Yetman – East Coast Blizzard
2017/2018 Mark Robinson – Dennis GM Western Kings



2016/2017 Eddie Bartlett – St. John's Maple Leafs
2015/2016 Doug Jackman – St. John's Global Warranty Privateers
2014/2015 Scott Akerman – TriPen Osprey
2013/2014 Rob Canning – Central IcePak
2012/2013 Angus Head – Western Coleman Kings

Play-Off MVP – President's Trophy

2019/2020 No Winner due to COVID19
2018/2019 Drew Langdon – Dennis GM Western Kings
2017/2018 Nick Gosse – St. John's Maple Leafs
2016/2017 Curtis Heffernan – St. John's Maple Leafs
2015/2016 Kyle McGrath – St. John's Maple Leafs

APPENDIX C:

Franchise Bid Requirements

To be Reviewed